

Family Life Education Program Hill AFB Family Support Center Building 308N

March 2004

Single Parent's Group Wednesday, 3 March, 1130-1230

Attend and meet other single parents with similar interests and concerns. Group plans a monthly fun activity. Open to all military and civilian single parents affiliated with Hill AFB. There is not a planned agenda. Facilitator: Barbara Ferguson

Step Families Monday, 15 March, 1130-1230

This class will offer a "safe" atmosphere for you to ask your questions about being a stepparent. Topics covered will include stepfatherhood, stepmotherhood and stepchildren. For various reasons, over twenty million men and women are parenting children who are not biologically related. Guest Speaker.

Teens – Eight Steps Of Parenting Discipline Wednesday, 24 March, 1130-1230

An easy method will be presented on how to get your kids to do what you want and what to do when they don't. Chaplain (Lt Col) Steve Titensor is an experienced marriage and family therapist who has raised a family. He is the clinical director over 70 employees at Salt Lake County Division of Youth Services.

Call Barbara Ferguson at 775-6837 to schedule appointments for marriage assessment and referral for resources according to needs. Videos about parenting and marriage are also available for loan.

To sign up for workshops, please call 777-4681.